

IMKTA · NASDAQ · WEEK ENDED 24 JUL 2026

Weekly Investor Report

Ingles Markets Incorporated · Consumer Defensive · Grocery Stores

LATEST CLOSE

85.83 USD

-4.8% latest week

Weekly setup

Mixed setup

The weekly trend is active. Price is 0.1% above the Trend Line and sits at 73.3% of its 52-week range. The latest completed week returned -4.8%, after a -3.8% four-week move. The latest factor snapshot indicates quality is middle-of-the-pack; growth ranks weakly; valuation is inexpensive relative to peers. Options positioning is mixed with 30/100 conviction, while the latest news-sentiment score is 52/100. Near-term considerations: volume confirmation is below normal; earnings are due in 7d.

Technical setup score 50/100. This score describes the weekly technical setup; the conclusion above also considers fundamentals, positioning, sentiment, and event risk.

LATEST CLOSE

85.83 USD

24 Jul 2026

1W RETURN

-4.8%

latest completed week

4W RETURN

-3.8%

short-term follow-through

12W RETURN

-6.0%

quarterly tape

TREND BREADTH

98.1%

51 of 52 weeks active

VOLUME RATIO

0.9x

vs 13-week average

What is working

- The trend backdrop is active with a 50-week active streak.
- Price is above the Trend Line, keeping the weekly tape constructive.
- Price is above Fair Value, showing premium demand versus the model.
- Activity pressure is constructive, supporting the smart-money activity read.

What could go wrong

- Activity pressure is negative, which weakens the current setup.
- 2 reversal markers appear in the recent smart-money tape.
- Latest weekly return ranks in the weaker part of its sector group.

What to watch next

- Trend Line remains the key weekly regime level.
- Activity pressure is the gauge to monitor for confirmation or fade.
- A volume ratio above 1.5x would show stronger participation in the next move.

This week's evidence at a glance

PRICE FOLLOW-THROUGH

-4.8%

Latest completed week; four-week move -3.8%.

INDICATOR STACK

99/0

Trend and activity pressure are weighted against the latest 12-week confirmation window.

TREND BACKDROP

Active

The trend backdrop defines the current weekly regime.

PATIENT CAPITAL

Quiet

Activity-pressure buy-signal status for institutional accumulation timing.

OPTIONS PRESSURE

Mixed

30/100 conviction; expected move 6.0%.

NEWS SENTIMENT

52/100

59 relevant articles in the latest sentiment read.

EVENT RISK

7d

Next report is scheduled for 06 Aug 2026; event risk rises as the date approaches.

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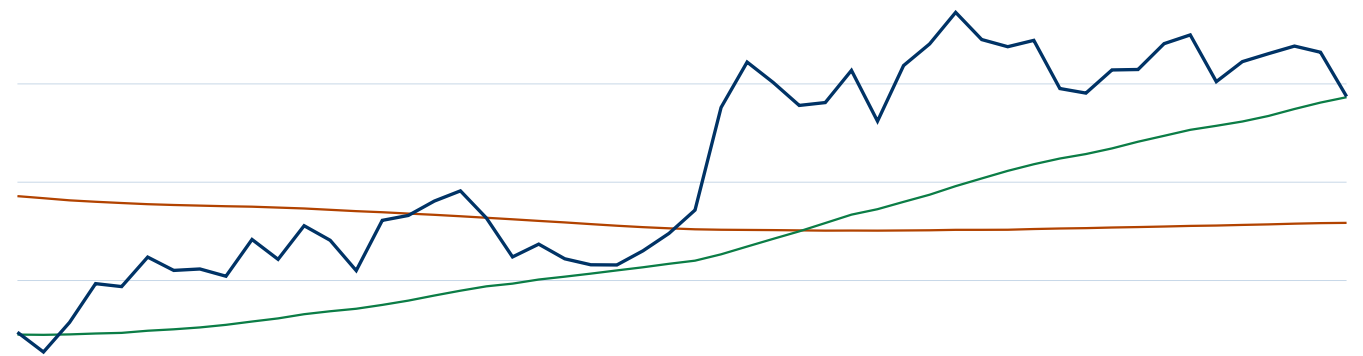
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01 · PRICE ACTION

Where price is—and whether the trend supports it

The weekly trend is active. Price is 0.1% above the Trend Line and sits at 73.3% of its 52-week range. The latest completed week returned -4.8%, after a -3.8% four-week move.

52-week price path



Blue: weekly close · Green: Trend Line · Orange: Sharemaestro Fair Value

Position in the 52-week range Fair Close 58.89 USD 95.62 USD Latest close sits at 73.3% of the 52-week range.	RANGE LOCATION 73.3% Shows where the latest close sits between the 52-week low and high.	TREND DISTANCE 0.1% Price premium or discount versus the weekly Trend Line.
	FAIR-VALUE GAP 16.8% Premium demand or model discount versus Sharemaestro Fair Value.	HIGH-WATER GAP -10.2% Distance from the latest 52-week high.

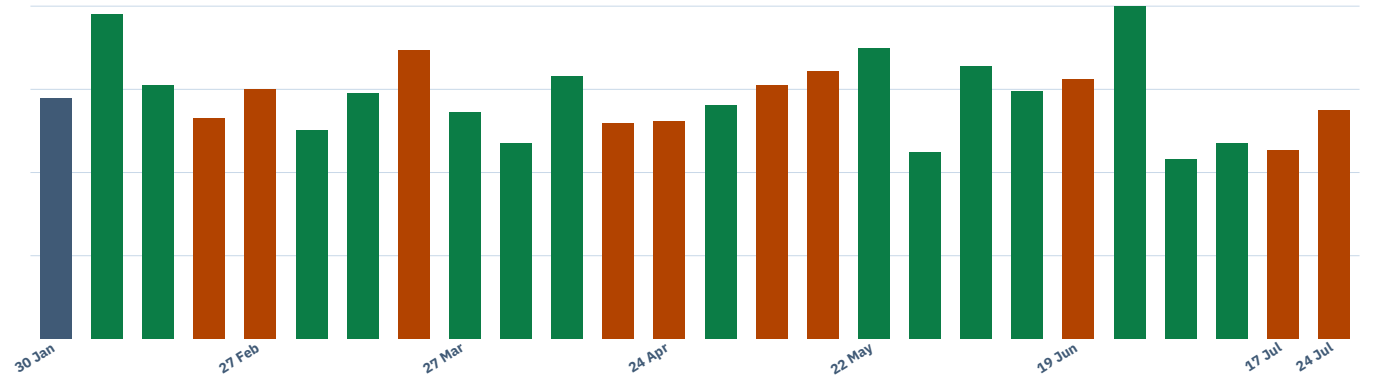
02 · VOLUME AND DEMAND

Is real participation confirming the move?

Latest weekly volume is 0.9x the 13-week average. Participation is below its recent norm, so price strength is not receiving full volume confirmation.

26-week volume confirmation

Bar height shows weekly volume. Green marks an up week; orange marks a down week.



PARTICIPATION 0.9x Latest volume versus the 13-week average.	BASELINE 678.2K 13-week average volume.	ONE-YEAR BASE 604.9K 52-week average volume.	LATEST WEEKLY VOLUME 642.8K Most recent completed week.
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Demand beneath price

Activity pressure and institutional-style signals

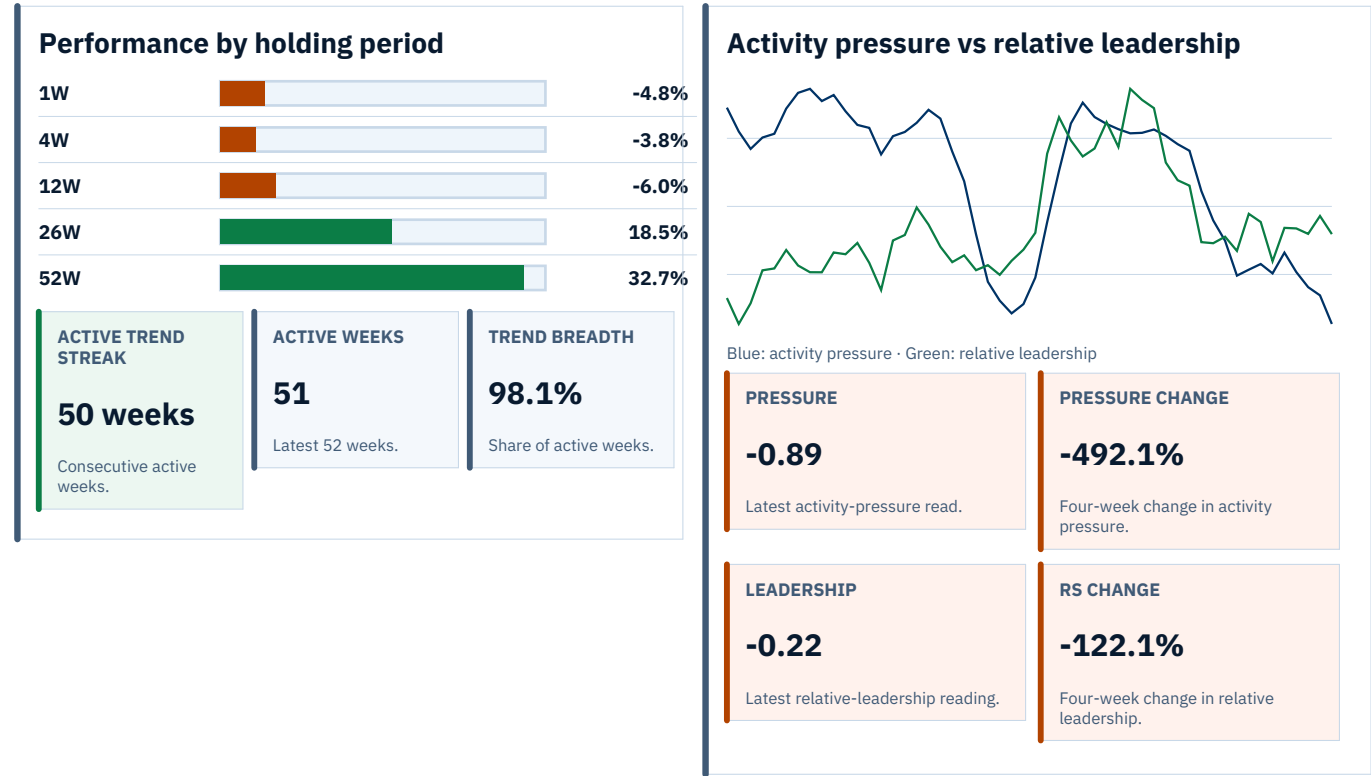
These indicators assess whether participation is improving beneath price. They are supporting evidence, not proof of institutional buying.



03 · MOMENTUM AND LEADERSHIP

Is performance persistent—and is the stock leading?

Performance is -3.8% over four weeks, -6.0% over 12 weeks, and 32.7% over one year. The current trend has remained active for 50 consecutive weeks.



Technical setup scorecard

Trend		99
Momentum		36
Activity Pressure		0
Relative Leadership		40
Next-Week Expectancy		50
Volume		40
Smart Money		68
Risk Control		67

04 · FUNDAMENTALS AND VALUATION

What investors are paying for—and the quality behind it

The latest factor snapshot indicates quality is middle-of-the-pack; growth ranks weakly; valuation is inexpensive relative to peers.

FACTOR WEEK 26 Jul 2026 Latest published factor snapshot.	STATEMENTS THROUGH 30 Sep 2025 Financial reporting period used.	FIELD COVERAGE 100% Available factor fields.	MODEL CONFIDENCE 96% Snapshot confidence.
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Relative factor standing Higher display scores are better. Each score is converted from the underlying universe rank, where rank 1 is best.		
Overall factor strength		90/100
Value		96/100
Quality		31/100
Momentum		79/100
Growth		20/100

Valuation How much investors are paying for earnings, sales, and cash flow.	Business quality Margins and the return generated on invested capital.
P/E Price divided by trailing earnings. 15.6x	GROSS MARGIN Gross profit retained from each unit of revenue. 24.5%
PRICE / SALES Market value relative to trailing revenue. 0.3x	OPERATING MARGIN Operating profit retained from revenue. 2.9%
EV / EBITDA Enterprise value relative to operating cash earnings. 6.2x	FREE-CASH-FLOW MARGIN Free cash flow generated from revenue. 6.7%
FREE-CASH-FLOW YIELD Free cash flow as a share of enterprise value. 20.8%	RETURN ON INVESTED CAPITAL Operating return generated on invested capital. 6.7%

04 · FUNDAMENTALS AND VALUATION · CONTINUED

Growth, shareholder returns, and balance-sheet strength

The second half of the fundamental read separates recent business growth from cash returned to shareholders and financial leverage.

Growth and financial strength	Shareholder return and balance sheet
Recent business growth and accounting strength.	Cash returned to owners and financial leverage.
REVENUE GROWTH-0.3% Latest one-year revenue growth.	DIVIDEND YIELD0.8% Cash dividends relative to market value.
EPS GROWTH68.4% Latest one-year earnings-per-share growth.	BUYBACK YIELD0.0% Net share repurchases relative to market value.
FREE-CASH-FLOW GROWTH-2.2% Latest one-year free-cash-flow growth.	SHAREHOLDER YIELD0.8% Dividend yield plus net buyback yield.
PIOTROSKI F-SCORE7/9 Nine-point accounting-strength checklist.	NET DEBT / EBITDA0.4x Balance-sheet debt relative to operating cash earnings.

How to read this

Quality and valuation are separate questions. A strong company can still carry a demanding valuation, so profitability, growth, balance-sheet strength, and the price paid for those characteristics should be assessed independently.

The latest factor snapshot indicates quality is middle-of-the-pack; growth ranks weakly; valuation is inexpensive relative to peers.

05 · OWNERSHIP, OPTIONS, AND SENTIMENT

What other market participants are doing

Options, insider transactions, market sentiment, and activity-pressure signals can confirm or challenge the price story. None should be used alone.

Options positioning

Mixed

IMKTA shows mixed options pressure with a 30/100 conviction score, put-call volume ratio of n/a, expected move of 6.0%, and Sharemaestro trend signal active.

CONVICTION

30/100

Options signal conviction.

EXPECTED MOVE

6.0%

Nearest-chain pricing.

PUT/CALL VOLUME

0.00

Contract volume balance.

Pressure

11

Speculation

0

Volatility

41

Trend agreement

80

News sentiment

52/100

Weighted news tone is neutral across 59 relevant articles.

19 positive · 29 neutral · 11 negative

Insider activity

1 / 0

1 acquisitions and 0 disposals in the latest 180-day insider tape. Acquisitions / disposals over the latest 180 days. Insider activity is context, not a stand-alone signal.

Patient Capital

Quiet

Activity-pressure buy-signal evidence highlights potential institutional accumulation windows. No recent buy signal

06 · CATALYSTS AND RISK

What can move the shares—and how volatile the path has been

Event timing, options-implied movement, drawdown, and weekly gains and losses frame the risk around the current setup.

NEXT EARNINGS
7d
Next report is scheduled for 06 Aug 2026; event risk rises as the date approaches.

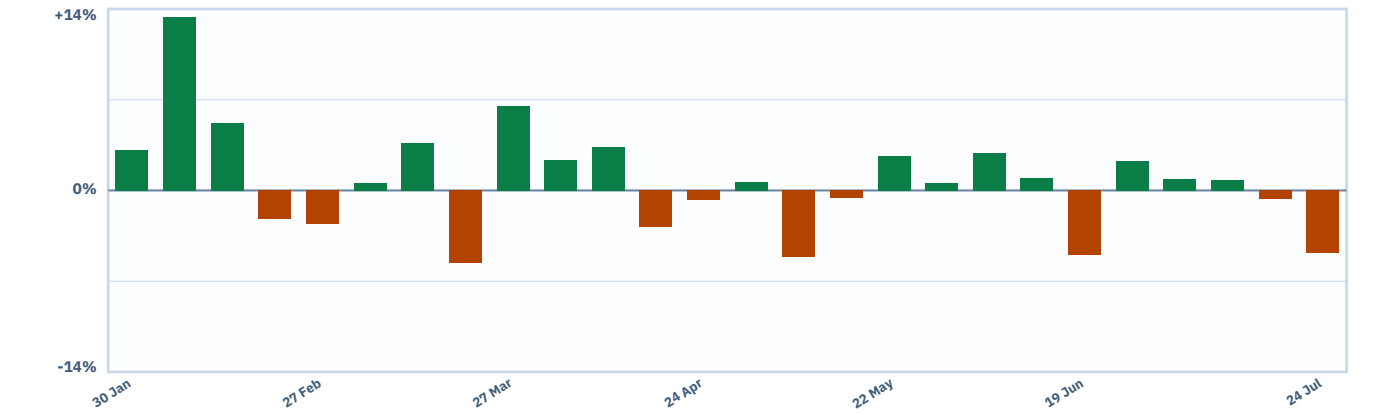
OPTIONS EXPECTED MOVE
6.0%
Nearest-chain priced movement where available.

52-WEEK DRAWDOWN
-10.2%
Distance below the 52-week high.

13-WEEK VOLATILITY
2.7%
Standard deviation of weekly returns.

Weekly gains and losses

Each bar is one completed week. Gains rise above zero; losses fall below it. Taller bars mean a larger move.



WEEKS HIGHER
16 of 26
10 weeks finished lower.

BEST WEEK
+13.4%
Week of 6 Feb.

WORST WEEK
-5.6%
Week of 20 Mar.

LATEST WEEK
-4.8%
Week of 24 Jul.

Shape of recent returns

Strong gains		3
Modest gains		13
Flat weeks		-
Modest losses		6
Sharp losses		4

RECENT VOL
2.7%
13-week weekly-return volatility.

BASE VOL
3.7%
52-week weekly-return volatility.

UP/DOWN SPLIT
29/23
Count of positive and negative weeks in the 52-week window.

AVERAGE SKEW
3.2% / -2.6%
Average positive week versus average negative week.

07 · SECTOR AND PEER CONTEXT

Is this stock leading—or simply moving with its group?

Sector and industry breadth distinguish company-specific strength from a broad group move.

Sector · US Consumer Defensive

4-WEEK RANK 76 / 100 Standing within the tracked group.	GROUP AVERAGE -0.3% Average four-week return.	TREND BREADTH 49.0% Share of peers with an active trend.
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Peer	Exchange	1W return	4W return	Trend
COTY	NYSE	1.5%	38.0%	Inactive
DAR	NYSE	-1.0%	19.0%	Active
ELF	NYSE	5.0%	14.7%	Inactive
IPAR	NASDAQ	-0.6%	13.5%	Active
CALM	NASDAQ	2.0%	12.6%	Active

Industry · US Grocery Stores

4-WEEK RANK 4 / 12 Standing within the tracked group.	GROUP AVERAGE -7.2% Average four-week return.	TREND BREADTH 41.7% Share of peers with an active trend.
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Peer	Exchange	1W return	4W return	Trend
DDL	NYSE	6.6%	26.7%	Inactive
VLGEA	NASDAQ	-4.2%	1.6%	Active
KR	NYSE	-3.3%	-1.5%	Inactive
IMKTA	NASDAQ	-4.8%	-3.8%	Active
YSWY	NASDAQ	-5.7%	-6.3%	Inactive

08 · EVIDENCE AND WEEKLY DATA

The underlying research record

Every top-level statement should be traceable to a stored market, fundamental, event, or positioning observation.

Cross-signal evidence matrix

Evidence pillar	Score / read	Summary	Detail
Weekly tape	54/100	Trend, activity pressure, participation, and risk combine to a 54/100 tape read.	
Indicator analysis	57/100	Latest 12-week confirmation: trend 12/12, activity pressure 2/12, relative leadership 5/12.	Activity pressure 0.85; 2 reversal markers
Factors	73/100	O'Shaughnessy factor stack blends value, quality, momentum, and confidence.	Buyback Yield rank 57; Small Cap Core rank 12
SVQF	60/100	Value and quality alignment from the Sharemaestro SVQF framework.	Composite rank 290.0 of 726
Patient Capital	Quiet	Activity-pressure buy-signal evidence highlights potential institutional accumulation windows.	No recent buy signal
Options	53/100	IMKTA shows mixed options pressure with a 30/100 conviction score, put-call volume ratio of n/a, expected move of 6.0%, and Sharemaestro trend signal active.	Mixed · Options-market disagreement · Expected move 6.0%
Sentiment	52/100	Weighted news tone is neutral across 59 relevant articles.	Price to book forward of Ingles Markets, Incorporated – NASDAQ:IMKTA
Insiders	1 / 0	1 acquisitions and 0 disposals in the latest 180-day insider tape.	
Earnings	7d	Next report is scheduled for 06 Aug 2026; event risk rises as the date approaches.	

Current evidence clusters

PRICE FOLLOW-THROUGH -4.8% Latest completed week; four-week move -3.8%.	INDICATOR STACK 99/0 Trend and activity pressure are weighted against the latest 12-week confirmation window.	TREND BACKDROP Active The trend backdrop defines the current weekly regime.	PATIENT CAPITAL Quiet Activity-pressure buy-signal status for institutional accumulation timing.
OPTIONS PRESSURE Mixed 30/100 conviction; expected move 6.0%.	NEWS SENTIMENT 52/100 59 relevant articles in the latest sentiment read.	EVENT RISK 7d Next report is scheduled for 06 Aug 2026; event risk rises as the date approaches.	

08 · EVIDENCE AND WEEKLY DATA · CONTINUED

Recent completed weeks

The completed weekly bars behind the report provide a compact audit trail for price, trend, Fair Value, activity pressure, leadership, and volume.

Week	Close	Return	Trend Line	Fair Value	Pressure	Leadership	Volume	Trend
24 Jul 2026	85.83 USD	-4.8%	85.76 USD	73.48 USD	-0.89	-0.22	642.8K	On
17 Jul 2026	90.15 USD	-0.7%	85.23 USD	73.46 USD	-0.59	3.30	529.0K	On
10 Jul 2026	90.75 USD	0.8%	84.60 USD	73.40 USD	-0.51	-0.17	550.5K	On
03 Jul 2026	90.01 USD	0.9%	83.92 USD	73.33 USD	-0.35	0.89	504.6K	On
26 Jun 2026	89.23 USD	2.2%	83.38 USD	73.28 USD	-0.15	0.99	934.8K	On
19 Jun 2026	87.27 USD	-5.0%	82.96 USD	73.22 USD	-0.36	-5.48	728.6K	On
12 Jun 2026	91.84 USD	0.9%	82.57 USD	73.19 USD	-0.27	2.14	695.4K	On
05 Jun 2026	90.99 USD	2.9%	81.99 USD	73.12 USD	-0.33	3.73	766.6K	On
29 May 2026	88.46 USD	0.0%	81.41 USD	73.07 USD	-0.39	-3.48	525.3K	On
22 May 2026	88.42 USD	2.6%	80.76 USD	73.02 USD	-0.03	-0.72	816.8K	On
15 May 2026	86.16 USD	-0.5%	80.20 USD	72.97 USD	0.18	-1.99	752.3K	On
08 May 2026	86.60 USD	-5.2%	79.77 USD	72.93 USD	0.49	-1.78	713.3K	On
01 May 2026	91.31 USD	0.7%	79.21 USD	72.88 USD	0.90	9.20	656.6K	On
24 Apr 2026	90.69 USD	-0.8%	78.56 USD	72.81 USD	0.97	10.25	610.8K	On

How to use this report

This is a completed-week research summary. It explains the available evidence and its conflicts; it does not predict a guaranteed outcome or replace your own risk assessment. Fundamental figures may refer to an earlier financial reporting period, which is shown in the fundamentals section.

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