

HELE · NASDAQ · WEEK ENDED 24 JUL 2026

Weekly Investor Report

Helen of Troy Ltd · Consumer Defensive · Household & Personal Products

LATEST CLOSE

28.47 USD

1.3% latest week

Weekly setup

Constructive, but selective

The weekly trend is active. Price is 32.2% above the Trend Line and sits at 86.9% of its 52-week range. The latest completed week returned 1.3%, after a 0.3% four-week move. The latest factor snapshot indicates quality ranks weakly versus its universe; growth is moderate; valuation is neither clearly cheap nor expensive. Options positioning is bullish with 44/100 conviction, while the latest news-sentiment score is 52/100. Near-term considerations: volume confirmation is below normal; earnings are due in 70d.

Technical setup score 56/100. This score describes the weekly technical setup; the conclusion above also considers fundamentals, positioning, sentiment, and event risk.

LATEST CLOSE 28.47 USD 24 Jul 2026	1W RETURN 1.3% latest completed week	4W RETURN 0.3% short-term follow-through
12W RETURN 19.0% quarterly tape	TREND BREADTH 21.2% 11 of 52 weeks active	VOLUME RATIO 0.8x vs 13-week average

What is working

- The trend backdrop is active with a 11-week active streak.
- Price is above the Trend Line, keeping the weekly tape constructive.
- Activity pressure is positive on the latest completed week.
- Activity pressure is constructive, supporting the smart-money activity read.

What could go wrong

- Price is below Fair Value, so the market is still discounting the latest tape.
- Next-week expectancy is negative at 37.21% based on similar historical setup states.

What to watch next

- Trend Line remains the key weekly regime level.
- Activity pressure is the gauge to monitor for confirmation or fade.
- A volume ratio above 1.5x would show stronger participation in the next move.

This week's evidence at a glance

PRICE FOLLOW-THROUGH 1.3% Latest completed week; four-week move 0.3%.	INDICATOR STACK 50/66 Trend and activity pressure are weighted against the latest 12-week confirmation window.	TREND BACKDROP Active The trend backdrop defines the current weekly regime.	PATIENT CAPITAL Quiet Activity-pressure buy-signal status for institutional accumulation timing.
NEXT-WEEK EXPECTANCY Negative 37.21% Historical one-week expectancy contributes to the evidence score when direction is confirmed.	OPTIONS PRESSURE Bullish 44/100 conviction; expected move 12.6%.	NEWS SENTIMENT 52/100 54 relevant articles in the latest sentiment read.	EVENT RISK 70d Next report is scheduled for 08 Oct 2026; event risk rises as the date approaches.

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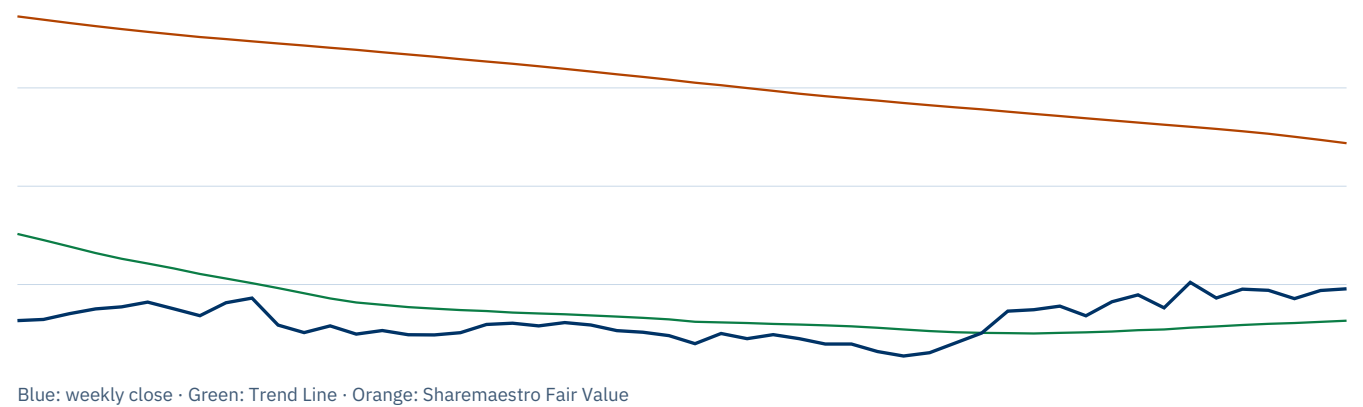
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01 · PRICE ACTION

Where price is—and whether the trend supports it

The weekly trend is active. Price is 32.2% above the Trend Line and sits at 86.9% of its 52-week range. The latest completed week returned 1.3%, after a 0.3% four-week move.

52-week price path



Position in the 52-week range Trend CL Fair 13.85 USD 30.68 USD Latest close sits at 86.9% of the 52-week range.	RANGE LOCATION 86.9% Shows where the latest close sits between the 52-week low and high.	TREND DISTANCE 32.2% Price premium or discount versus the weekly Trend Line.
	FAIR-VALUE GAP -52.6% Premium demand or model discount versus Sharemaestro Fair Value.	HIGH-WATER GAP -7.2% Distance from the latest 52-week high.

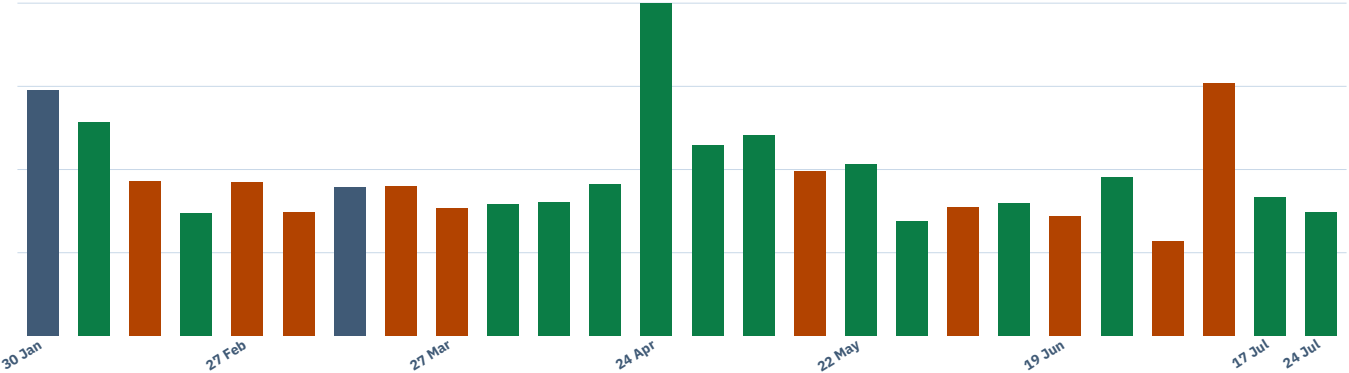
02 · VOLUME AND DEMAND

Is real participation confirming the move?

Latest weekly volume is 0.8x the 13-week average. Participation is below its recent norm, so price strength is not receiving full volume confirmation.

26-week volume confirmation

Bar height shows weekly volume. Green marks an up week; orange marks a down week.



PARTICIPATION 0.8x Latest volume versus the 13-week average.	BASELINE 2.9M 13-week average volume.	ONE-YEAR BASE 3.6M 52-week average volume.	LATEST WEEKLY VOLUME 2.4M Most recent completed week.
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Demand beneath price

Activity pressure and institutional-style signals

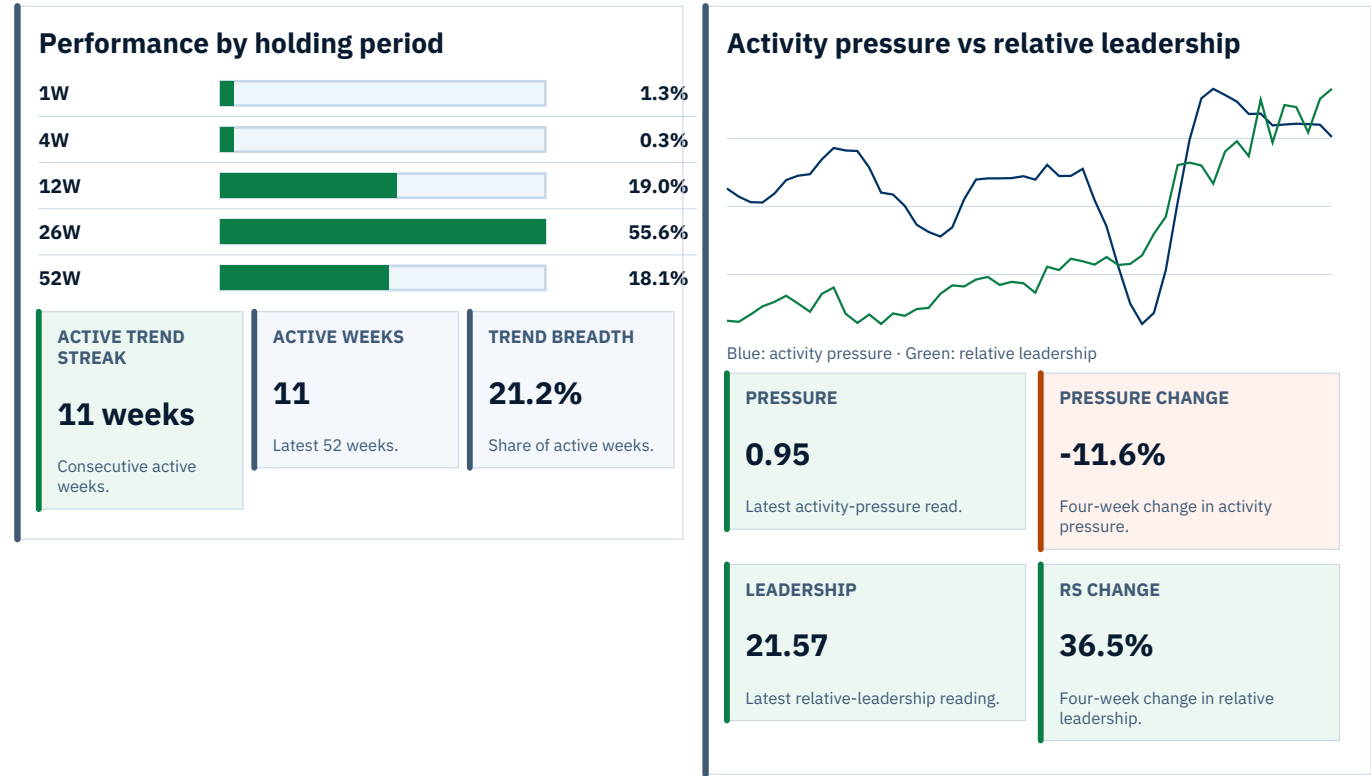
These indicators assess whether participation is improving beneath price. They are supporting evidence, not proof of institutional buying.



03 · MOMENTUM AND LEADERSHIP

Is performance persistent—and is the stock leading?

Performance is 0.3% over four weeks, 19.0% over 12 weeks, and 18.1% over one year. The current trend has remained active for 11 consecutive weeks.



Technical setup scorecard

Trend		50
Momentum		68
Activity Pressure		66
Relative Leadership		100
Next-Week Expectancy		31
Volume		34
Smart Money		54
Risk Control		47

04 · FUNDAMENTALS AND VALUATION

What investors are paying for—and the quality behind it

The latest factor snapshot indicates quality ranks weakly versus its universe; growth is moderate; valuation is neither clearly cheap nor expensive.

FACTOR WEEK 26 Jul 2026 Latest published factor snapshot.	STATEMENTS THROUGH 28 Feb 2026 Financial reporting period used.	FIELD COVERAGE 85% Available factor fields.	MODEL CONFIDENCE 85% Snapshot confidence.
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Relative factor standing Higher display scores are better. Each score is converted from the underlying universe rank, where rank 1 is best.		
Overall factor strength		69/100
Value		77/100
Quality		13/100
Momentum		68/100
Growth		22/100

Valuation How much investors are paying for earnings, sales, and cash flow.	Business quality Margins and the return generated on invested capital.
P/E - Price divided by trailing earnings.	GROSS MARGIN 45.4% Gross profit retained from each unit of revenue.
PRICE / SALES 0.4x Market value relative to trailing revenue.	OPERATING MARGIN -17.3% Operating profit retained from revenue.
EV / EBITDA - Enterprise value relative to operating cash earnings.	FREE-CASH-FLOW MARGIN 9.4% Free cash flow generated from revenue.
FREE-CASH-FLOW YIELD 12.1% Free cash flow as a share of enterprise value.	RETURN ON INVESTED CAPITAL -14.8% Operating return generated on invested capital.

04 · FUNDAMENTALS AND VALUATION · CONTINUED

Growth, shareholder returns, and balance-sheet strength

The second half of the fundamental read separates recent business growth from cash returned to shareholders and financial leverage.

Growth and financial strength	Shareholder return and balance sheet
Recent business growth and accounting strength.	Cash returned to owners and financial leverage.
REVENUE GROWTH-2.5%	DIVIDEND YIELD-
Latest one-year revenue growth.	Cash dividends relative to market value.
EPS GROWTH-	BUYBACK YIELD-0.1%
Latest one-year earnings-per-share growth.	Net share repurchases relative to market value.
FREE-CASH-FLOW GROWTH-5.5%	SHAREHOLDER YIELD-0.1%
Latest one-year free-cash-flow growth.	Dividend yield plus net buyback yield.
PIOTROSKI F-SCORE4/9	NET DEBT / EBITDA-2.9x
Nine-point accounting-strength checklist.	Balance-sheet debt relative to operating cash earnings.

How to read this

Quality and valuation are separate questions. A strong company can still carry a demanding valuation, so profitability, growth, balance-sheet strength, and the price paid for those characteristics should be assessed independently.

The latest factor snapshot indicates quality ranks weakly versus its universe; growth is moderate; valuation is neither clearly cheap nor expensive.

05 · OWNERSHIP, OPTIONS, AND SENTIMENT

What other market participants are doing

Options, insider transactions, market sentiment, and activity-pressure signals can confirm or challenge the price story. None should be used alone.

Options positioning

Bullish

HELE shows bullish options pressure with a 44/100 conviction score, put-call volume ratio of 0.56, expected move of 12.6%, and Sharemaestro trend signal active.

CONVICTION

44/100

Options signal conviction.

EXPECTED MOVE

12.6%

Nearest-chain pricing.

PUT/CALL VOLUME

0.56

Contract volume balance.

Pressure

31

Speculation

2

Volatility

93

Trend agreement

82

Insider activity

8 / 2

8 acquisitions and 2 disposals in the latest 180-day insider tape. Acquisitions / disposals over the latest 180 days. Insider activity is context, not a stand-alone signal.

News sentiment

52/100

Weighted news tone is neutral across 54 relevant articles.

16 positive · 29 neutral · 9 negative

Patient Capital

Quiet

Activity-pressure buy-signal evidence highlights potential institutional accumulation windows. No recent buy signal

06 · CATALYSTS AND RISK

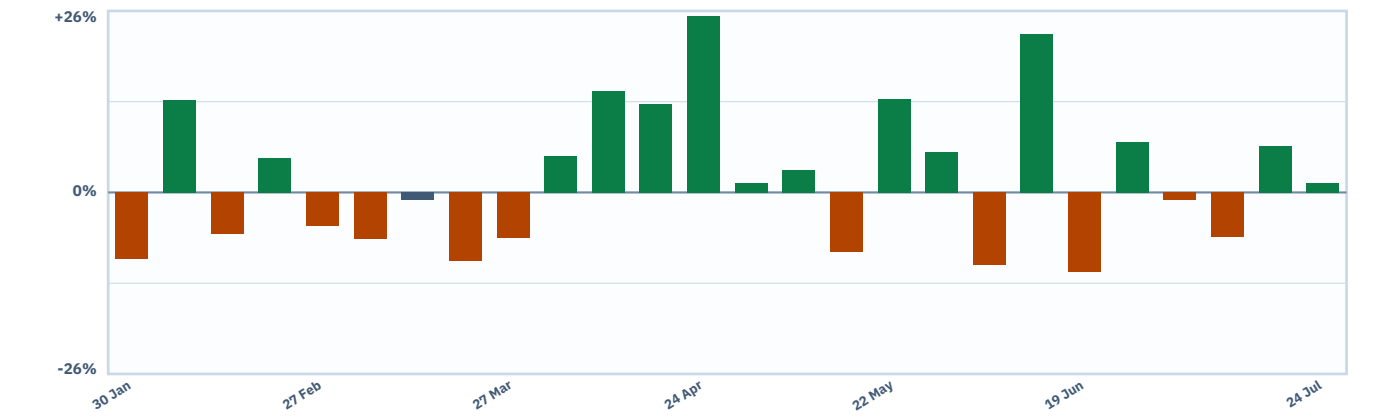
What can move the shares—and how volatile the path has been

Event timing, options-implied movement, drawdown, and weekly gains and losses frame the risk around the current setup.

NEXT EARNINGS 70d Next report is scheduled for 08 Oct 2026; event risk rises as the date approaches.	OPTIONS EXPECTED MOVE 12.6% Nearest-chain priced movement where available.	52-WEEK DRAWDOWN -7.2% Distance below the 52-week high.	13-WEEK VOLATILITY 9.4% Standard deviation of weekly returns.
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Weekly gains and losses

Each bar is one completed week. Gains rise above zero; losses fall below it. Taller bars mean a larger move.



WEEKS HIGHER

14 of 26

11 weeks finished lower.

BEST WEEK

+25.2%

Week of 24 Apr.

WORST WEEK

-11.4%

Week of 19 Jun.

LATEST WEEK

+1.3%

Week of 24 Jul.

Shape of recent returns

Strong gains

11

Modest gains

3

Flat weeks

1

Modest losses

1

Sharp losses

10

RECENT VOL

9.4%

13-week weekly-return volatility.

BASE VOL

8.8%

52-week weekly-return volatility.

UP/DOWN SPLIT

27/24

Count of positive and negative weeks in the 52-week window.

AVERAGE SKEW

7.4% / -6.8%

Average positive week versus average negative week.

07 · SECTOR AND PEER CONTEXT

Is this stock leading—or simply moving with its group?

Sector and industry breadth distinguish company-specific strength from a broad group move.

Sector · US Consumer Defensive

4-WEEK RANK	GROUP AVERAGE	TREND BREADTH
- / 100	-0.3%	49.0%
Standing within the tracked group.	Average four-week return.	Share of peers with an active trend.

Peer	Exchange	1W return	4W return	Trend
COTY	NYSE	1.5%	38.0%	Inactive
DAR	NYSE	-1.0%	19.0%	Active
ELF	NYSE	5.0%	14.7%	Inactive
IPAR	NASDAQ	-0.6%	13.5%	Active
CALM	NASDAQ	2.0%	12.6%	Active

Industry · US Household & Personal Products

4-WEEK RANK	GROUP AVERAGE	TREND BREADTH
18 / 28	4.4%	39.3%
Standing within the tracked group.	Average four-week return.	Share of peers with an active trend.

Peer	Exchange	1W return	4W return	Trend
COTY	NYSE	1.5%	38.0%	Inactive
WALD	NASDAQ	-2.3%	15.8%	Inactive
ELF	NYSE	5.0%	14.7%	Inactive
SLSN	NASDAQ	21.3%	13.9%	Inactive
IPAR	NASDAQ	-0.6%	13.5%	Active

08 · EVIDENCE AND WEEKLY DATA

The underlying research record

Every top-level statement should be traceable to a stored market, fundamental, event, or positioning observation.

Cross-signal evidence matrix

Evidence pillar	Score / read	Summary	Detail
Weekly tape	55/100	Trend, activity pressure, participation, and risk combine to a 55/100 tape read.	
Indicator analysis	81/100	Latest 12-week confirmation: trend 11/12, activity pressure 12/12, relative leadership 8/12.	Activity pressure 0.87; No reversal markers
Next-Week Expectancy	Negative 37.21%	Next-week expectancy is negative with a 37.21% historical one-week setup read.	Adds short-term historical context without overriding trend, activity, or relative leadership.
Factors	55/100	O'Shaughnessy factor stack blends value, quality, momentum, and confidence.	Buyback Yield rank 72; Small Cap Core rank 24
Patient Capital	Quiet	Activity-pressure buy-signal evidence highlights potential institutional accumulation windows.	No recent buy signal
Options	67/100	HELE shows bullish options pressure with a 44/100 conviction score, put-call volume ratio of 0.56, expected move of 12.6%, and Sharemaestro trend signal active.	Bullish · Call-side pressure · Expected move 12.6%
Sentiment	52/100	Weighted news tone is neutral across 54 relevant articles.	Helen of Troy (NASDAQ:HELE) Stock Price Down 6.7% - Here's Why
Insiders	8 / 2	8 acquisitions and 2 disposals in the latest 180-day insider tape.	
Earnings	70d	Next report is scheduled for 08 Oct 2026; event risk rises as the date approaches.	

Current evidence clusters

PRICE FOLLOW-THROUGH 1.3% Latest completed week; four-week move 0.3%.	INDICATOR STACK 50/66 Trend and activity pressure are weighted against the latest 12-week confirmation window.	TREND BACKDROP Active The trend backdrop defines the current weekly regime.	PATIENT CAPITAL Quiet Activity-pressure buy-signal status for institutional accumulation timing.
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08 · EVIDENCE AND WEEKLY DATA · CONTINUED

Recent completed weeks

The completed weekly bars behind the report provide a compact audit trail for price, trend, Fair Value, activity pressure, leadership, and volume.

Week	Close	Return	Trend Line	Fair Value	Pressure	Leadership	Volume	Trend
24 Jul 2026	28.47 USD	1.3%	21.54 USD	60.06 USD	0.95	21.57	2.4M	On
17 Jul 2026	28.10 USD	6.7%	21.29 USD	60.79 USD	1.07	18.00	2.7M	On
10 Jul 2026	26.34 USD	-6.4%	21.04 USD	61.47 USD	1.07	6.07	4.9M	On
03 Jul 2026	28.14 USD	-0.8%	20.86 USD	62.13 USD	1.08	15.08	1.8M	On
26 Jun 2026	28.38 USD	7.2%	20.61 USD	62.67 USD	1.07	15.80	3.0M	On
19 Jun 2026	26.47 USD	-11.4%	20.30 USD	63.18 USD	1.06	2.48	2.3M	On
12 Jun 2026	29.86 USD	22.7%	20.03 USD	63.64 USD	1.18	17.71	2.5M	On
05 Jun 2026	24.34 USD	-10.3%	19.65 USD	64.07 USD	1.18	-2.38	2.5M	On
29 May 2026	27.14 USD	5.8%	19.49 USD	64.55 USD	1.30	2.92	2.2M	On
22 May 2026	25.65 USD	13.4%	19.20 USD	65.01 USD	1.37	-0.73	3.3M	On
15 May 2026	22.61 USD	-8.5%	19.03 USD	65.49 USD	1.43	-12.18	3.2M	On
08 May 2026	24.71 USD	3.3%	18.91 USD	65.96 USD	1.33	-5.67	3.9M	Off
01 May 2026	23.93 USD	1.3%	18.77 USD	66.43 USD	0.92	-4.69	3.7M	Off
24 Apr 2026	23.62 USD	25.2%	18.85 USD	66.92 USD	0.29	-5.56	6.4M	Off

How to use this report

This is a completed-week research summary. It explains the available evidence and its conflicts; it does not predict a guaranteed outcome or replace your own risk assessment. Fundamental figures may refer to an earlier financial reporting period, which is shown in the fundamentals section.

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