

FLO Chart Pack

Flowers Foods Inc

EXCHANGE NYSE	LATEST WEEK 10 Jul 2026	CLOSE 8.340000	FAIR VALUE 16.009966
NEXT-WEEK EXPECTANCY Undecided 46.13%	GENERATED 16 Jul 2026 01:53	SECTOR Consumer Defensive	INDUSTRY Packaged Foods

Chart Summary

Over the latest 12 completed weeks ending 2026-07-10, FLO fell 3.71%, moving from 8.66 to 8.34. The latest weekly close is below the Trend Line and below Fair Value. Trend Signal is inactive on the latest week and was active in 0 of the last 12 weeks. Relative Strength is -28.82 and has improved across the 12-week window. Market Dynamics is 0.97 on the latest week. Next-week expectancy is undecided at 46.13% based on similar historical setup states.

Key Points

WEEK ENDING 10 Jul 2026	LATEST CLOSE 8.34	12-WEEK CHANGE -3.71%	TREND SIGNAL Inactive
NEXT-WEEK EXPECTANCY Undecided 46.13%	SIGNAL WEEKS 0 of 12	VS TREND LINE Below	VS FAIR VALUE Below
RELATIVE STRENGTH -28.82	MARKET DYNAMICS 0.97		

Weekly Price

Week Ending: 10 Jul 2026 O: 8.70 H: 8.91 L: 7.97 C: 8.34 Vol: 27.2M RS: -28.82 MD: 0.97 Next-week EX: Undecided 46.13%

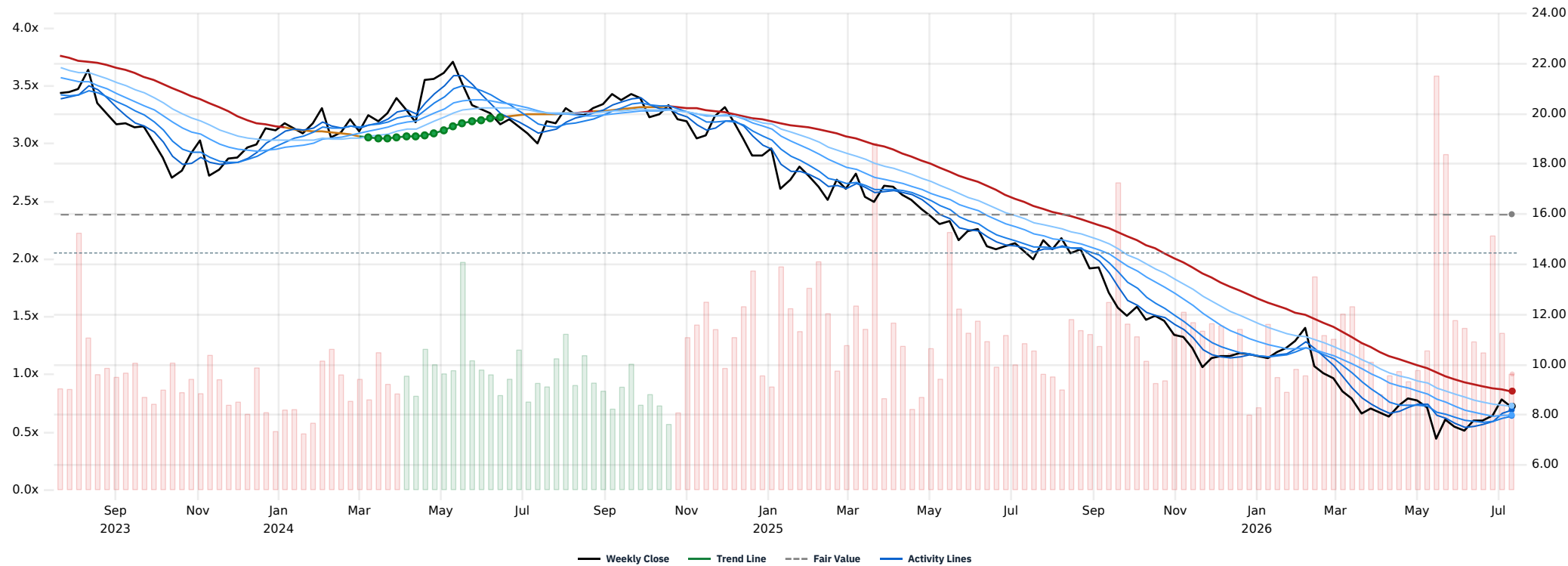
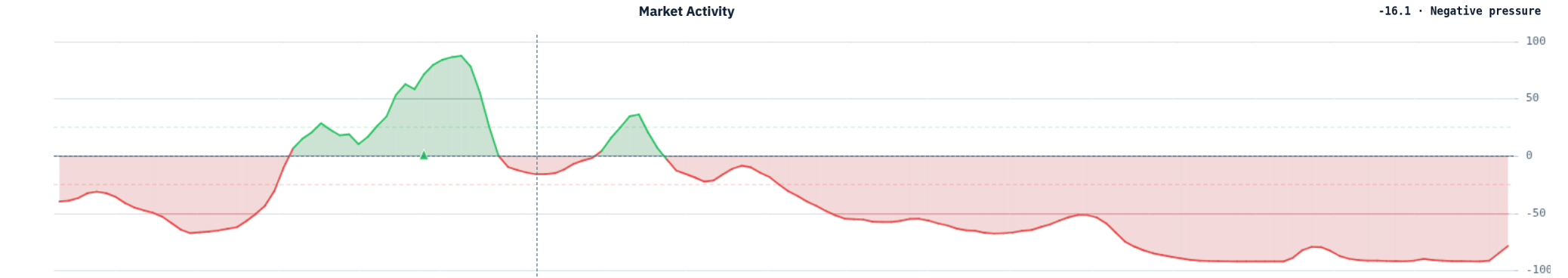
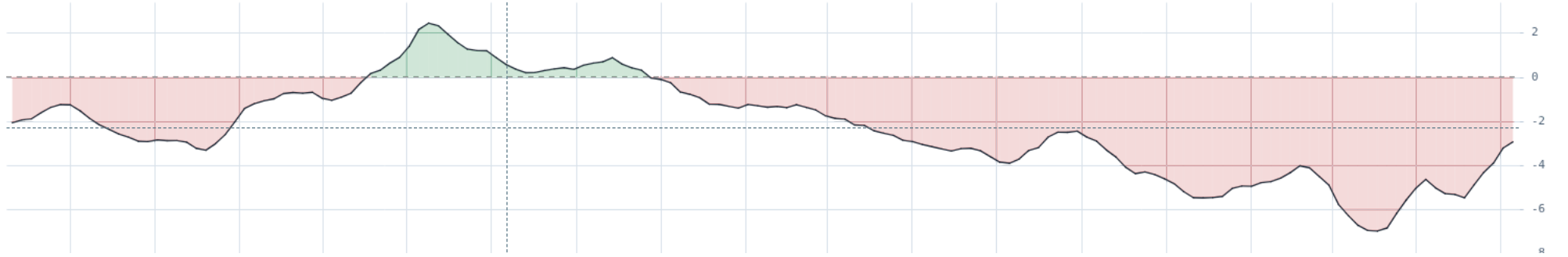


Chart Panels



30w SMA · Rate of Change

+0.57%



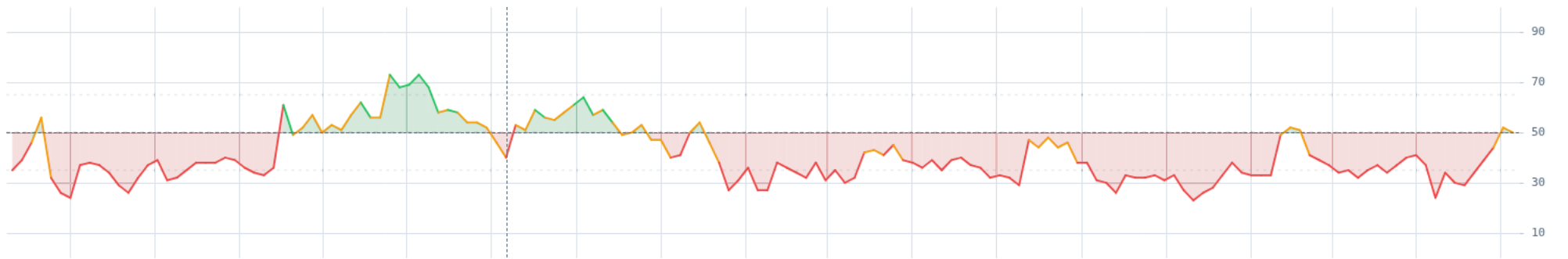
Relative Strength

-18.37%

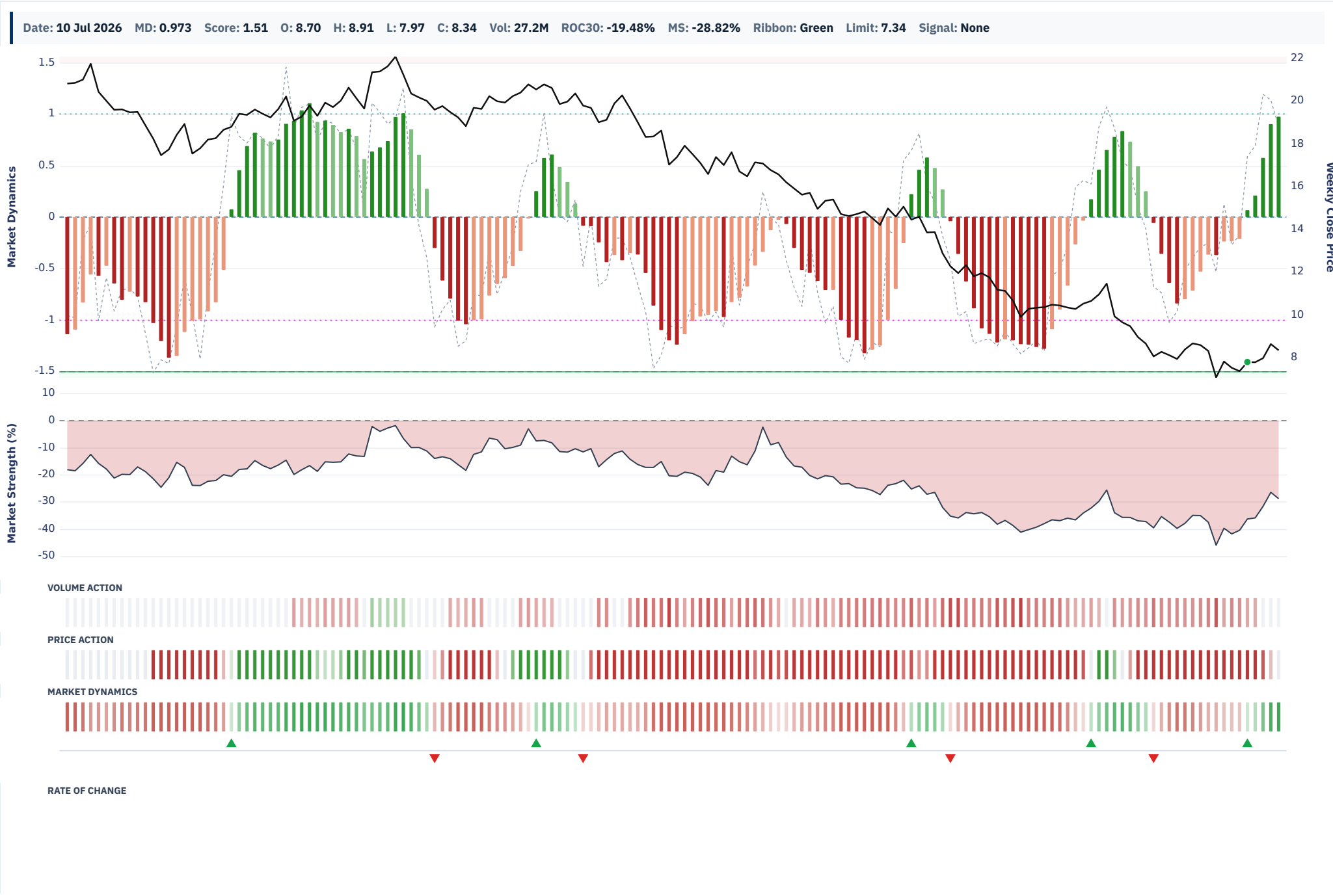


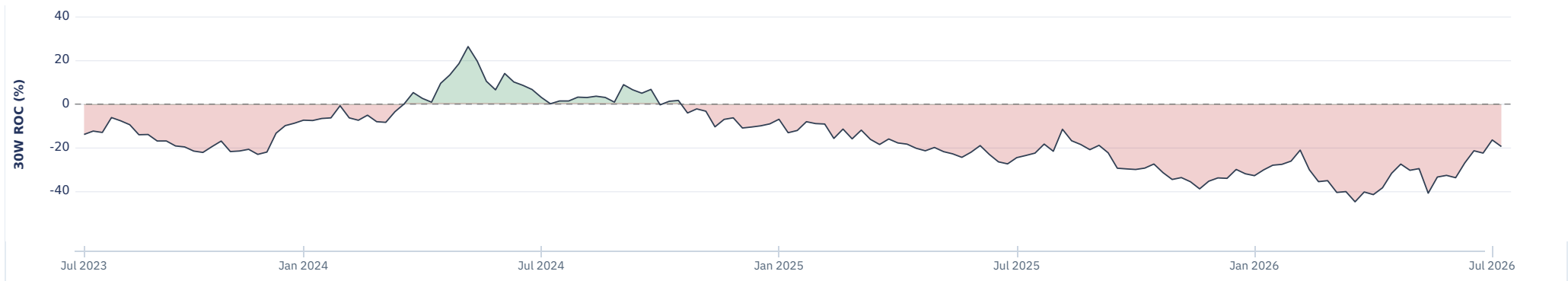
Volume Profile · Auction Structure

40 · Below VA · +0.3% POC



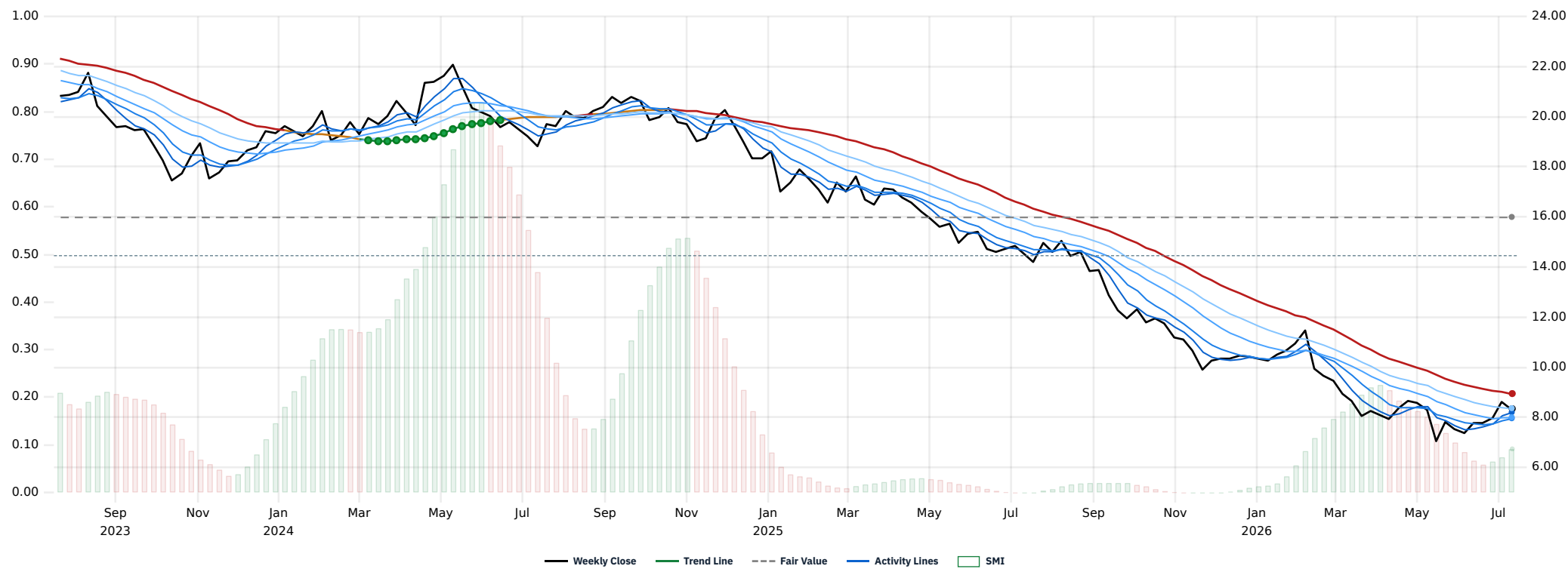
Market Dynamics





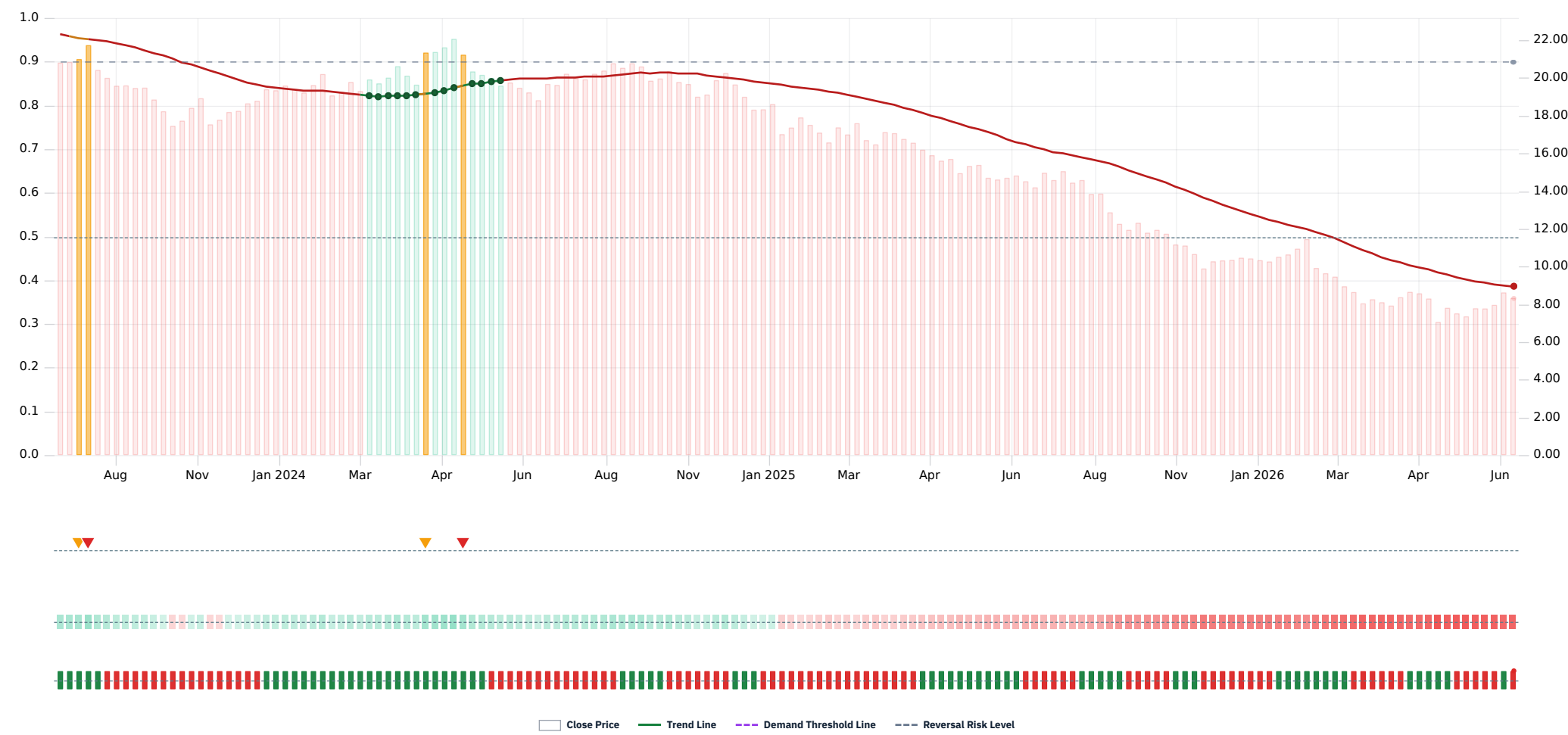
0 -1.5 Top Bottom Raw Close Market Strength 30W ROC Volume Support Price Action Ribbon Buy Flip Up Flip Down

Week Ending: 10 Jul 2026 O: 8.70 H: 8.91 L: 7.97 C: 8.34 SMI: 0.09 RS: -28.82 MD: 0.97



Smart Money

Week Ending: 10 Jul 2026 O: 8.70 H: 8.91 L: 7.97 C: 8.34 Momentum: 0.11 Cycle: Negative Signal: None



Earnings vs Price

Earnings vs Price

Weekly price against rolling TTM EPS, both indexed to 100 from the first visible week.

PRICE

-59.9%

visible window

ROLLING EPS

-52.5%

TTM EPS change

GAP

7.4 pts

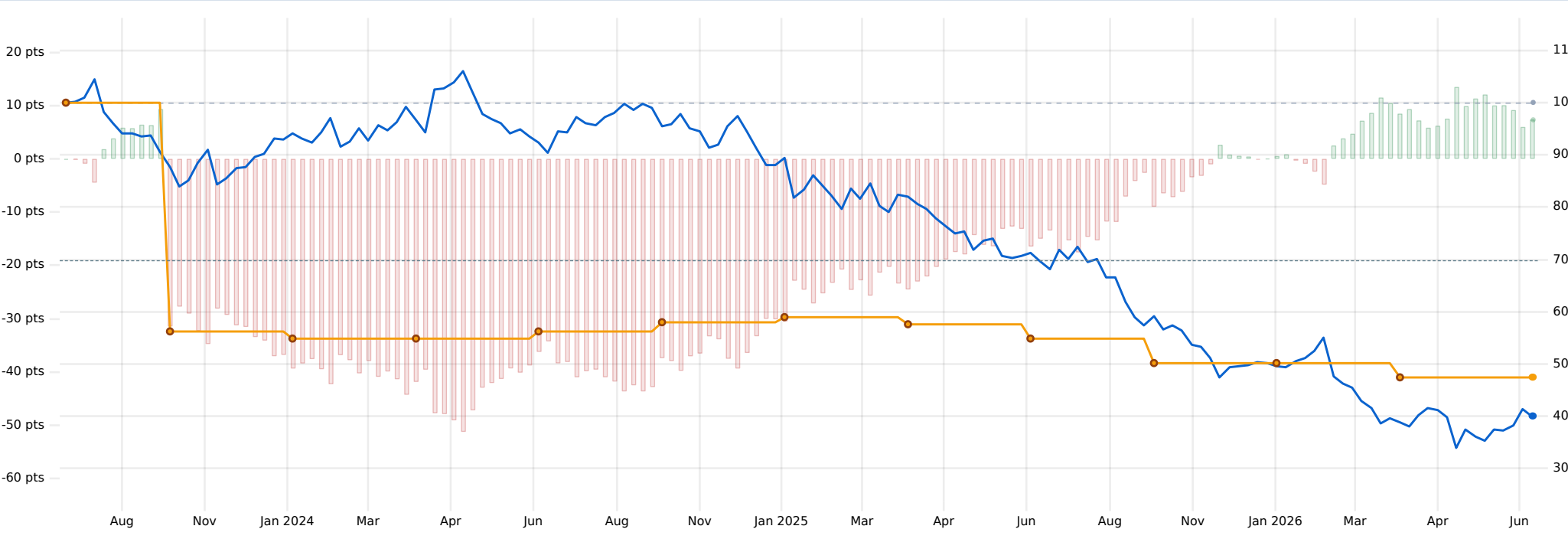
EPS minus price

P/E

8.0x

latest close / TTM EPS

Week Ending: 10 Jul 2026 Close: 8.34 TTM EPS: 1.04 Price Index: 40.06 EPS Index: 47.49 EPS minus Price Gap: +7.4 pts P/E: 8.0x

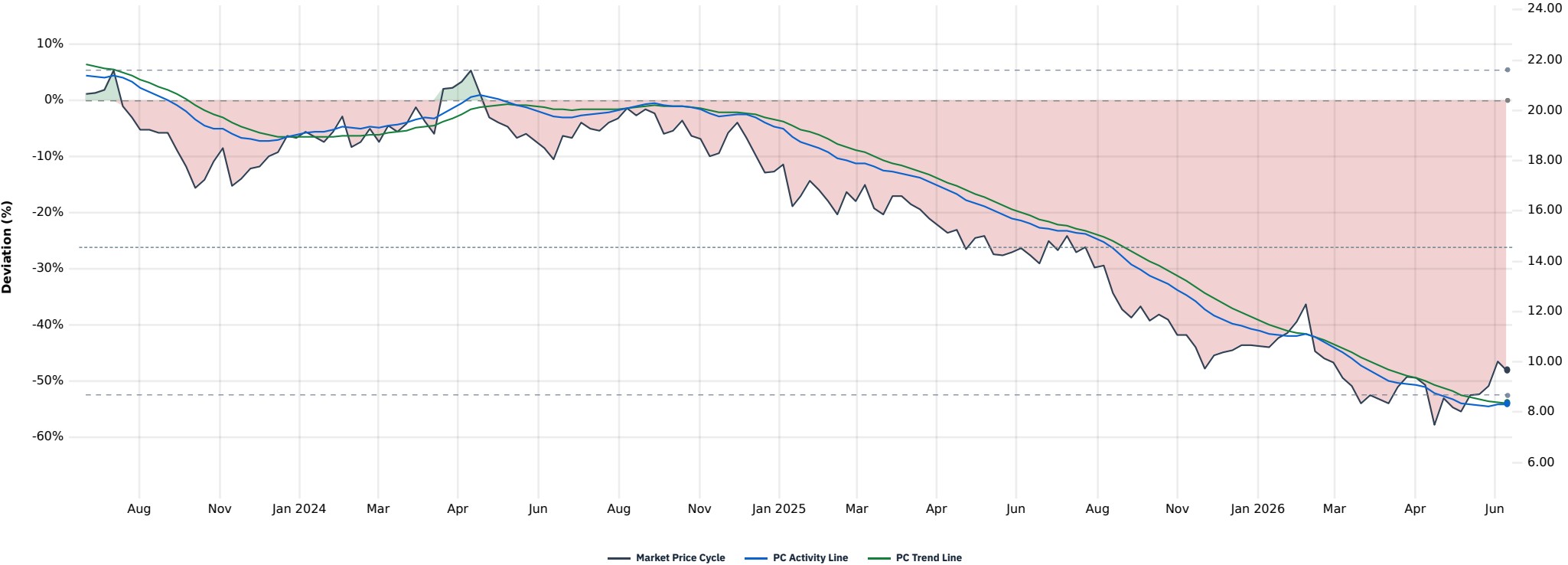


The implied P/E has contracted meaningfully over the window.

Price Index Rolling TTM EPS Index EPS minus Price Gap Quarter Update

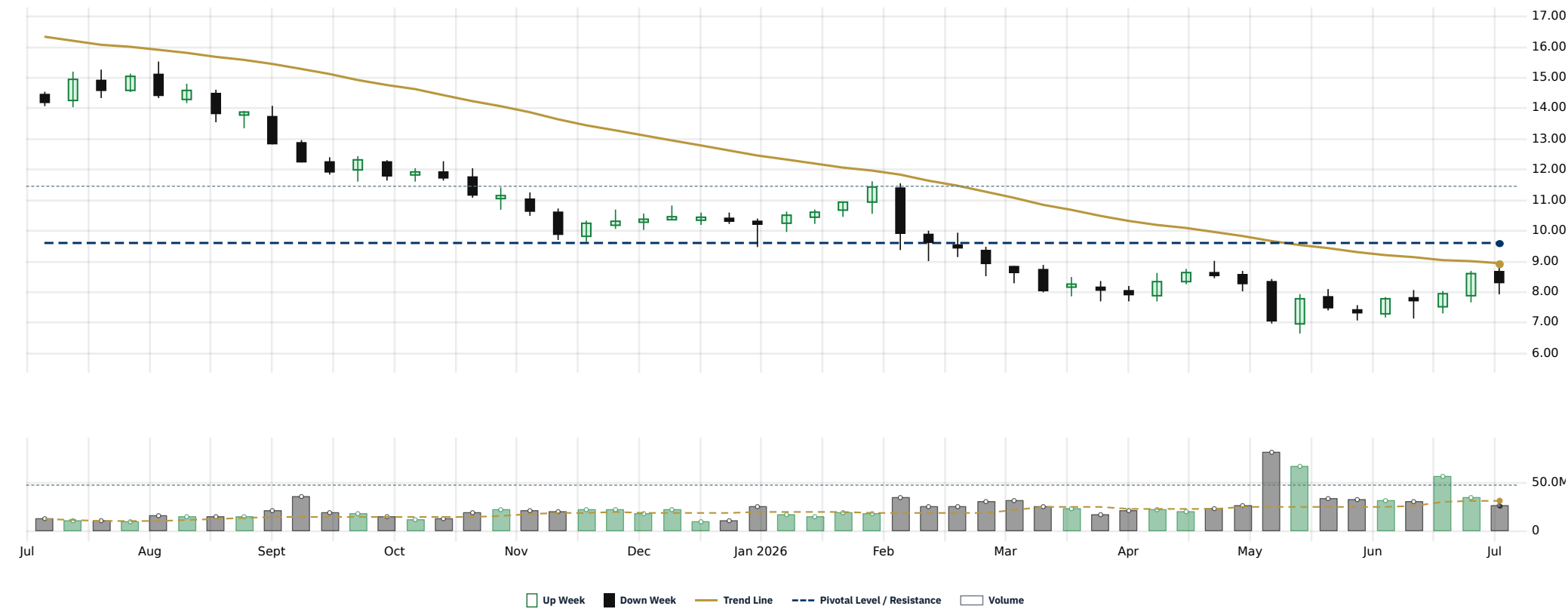
Price Cycle

Week Ending: 10 Jul 2026 O: 8.70 H: 8.91 L: 7.97 C: 8.34 Market Price Cycle: -47.91% PC Activity Line: 8.35 PC Trend Line: 8.38 PC Signal: Inactive

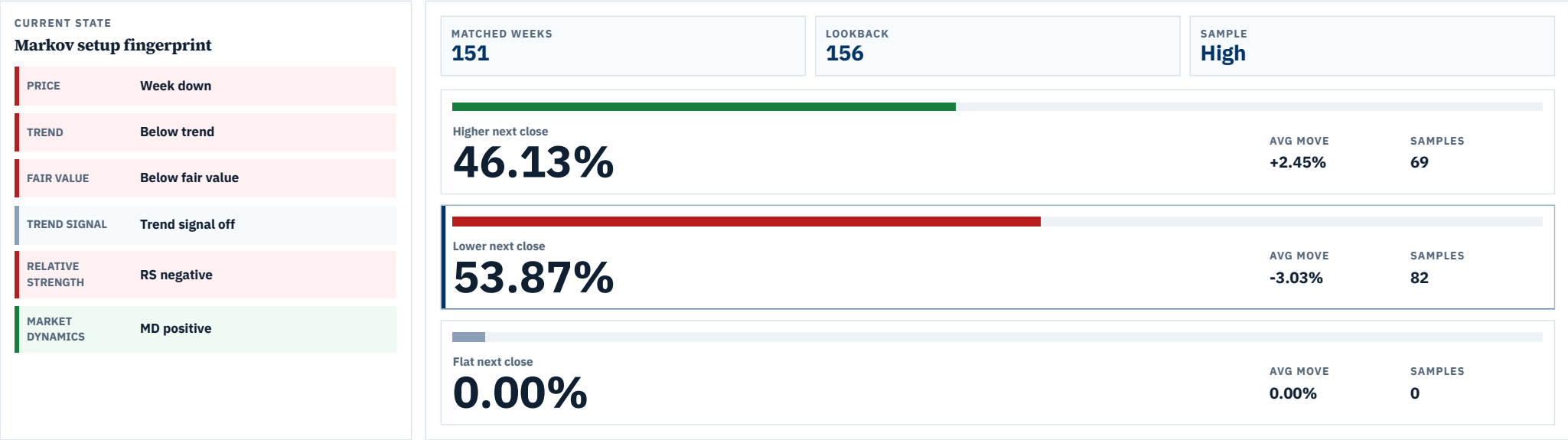


Price Action

Week Ending: 10 Jul 2026 O: 8.70 H: 8.91 L: 7.97 C: 8.34 Trend Line: 8.94 Vol: 27.2M Pivotal Level / Resistance: 9.60



Next-State Map



STOCK	EXCHANGE	WEEK	OPEN	HIGH	LOW	CLOSE	CHANGE
Functional Brands, Inc. Common Stock							
ENHA Enhanced Group Inc.	NYSE	10 Jul 2026	2.66	3.05	2.39	2.90	9.02%
FAMI Farmmi Inc	NASDAQ	10 Jul 2026	0.19	0.21	0.18	0.21	8.95%
DAR Darling Ingredients Inc	NYSE	10 Jul 2026	56.62	61.51	56.28	60.83	7.44%
HAIN The Hain Celestial Group Inc	NASDAQ	10 Jul 2026	0.54	0.61	0.54	0.57	3.95%
JVA Coffee Holding Co Inc	NASDAQ	10 Jul 2026	3.41	3.72	3.33	3.53	3.52%
CLNN Clene Inc.	NASDAQ	10 Jul 2026	6.07	6.39	5.83	6.27	3.29%
WEST Westrock Coffee Company	NASDAQ	10 Jul 2026	7.20	7.59	6.81	7.43	3.19%
LW Lamb Weston Holdings Inc	NYSE	10 Jul 2026	45.27	47.41	44.70	46.45	2.61%
MAMA Mama's Creations Inc.	NASDAQ	10 Jul 2026	18.61	19.17	17.81	19.05	2.36%
INGR Ingredion Incorporated	NYSE	10 Jul 2026	97.07	100.76	95.71	98.75	1.73%
NOMD Nomad Foods Ltd	NYSE	10 Jul 2026	11.35	11.62	11.14	11.53	1.59%
LWAY Lifeway Foods Inc	NASDAQ	10 Jul 2026	31.29	31.78	28.14	31.70	1.31%
LFVN Lifevantage Corporation	NASDAQ	10 Jul 2026	6.16	6.45	6.06	6.24	1.30%
HLF Herbalife Nutrition Ltd	NYSE	10 Jul 2026	13.00	13.47	12.45	13.15	1.15%
USNA USANA Health Sciences Inc	NYSE	10 Jul 2026	21.73	22.49	20.77	21.98	1.15%

