

FMST · NASDAQ · WEEK ENDED 24 JUL 2026

Weekly Investor Report

Foremost Lithium Resource & Technology Ltd. Common stock · Basic Materials · Other Industrial Metals & Mining

LATEST CLOSE

1.65 USD

-14.5% latest week

Weekly setup

Mixed setup

The weekly trend is not active. Price is -11.5% below the Trend Line and sits at 9.9% of its 52-week range. The latest completed week returned -14.5%, after a 7.1% four-week move. The latest factor snapshot indicates quality is middle-of-the-pack; growth is moderate; valuation is neither clearly cheap nor expensive. The latest news-sentiment score is 52/100. Near-term considerations: earnings are due in 12d.

Technical setup score 32/100. This score describes the weekly technical setup; the conclusion above also considers fundamentals, positioning, sentiment, and event risk.

LATEST CLOSE

1.65 USD

24 Jul 2026

1W RETURN

-14.5%

latest completed week

4W RETURN

7.1%

short-term follow-through

12W RETURN

1.2%

quarterly tape

TREND BREADTH

25.0%

13 of 52 weeks active

VOLUME RATIO

1.6x

vs 13-week average

What is working

- Activity pressure is positive on the latest completed week.
- Volume is elevated versus the 13-week average, confirming attention.

What could go wrong

- The trend backdrop is inactive, so price action has not confirmed a constructive regime.
- Price is below the Trend Line, which keeps downside pressure in focus.
- Price is below Fair Value, so the market is still discounting the latest tape.
- Next-week expectancy is negative at 40.82% based on similar historical setup states.

What to watch next

- Trend Line remains the key weekly regime level.
- Activity pressure is the gauge to monitor for confirmation or fade.
- A volume ratio above 1.5x would show stronger participation in the next move.

This week's evidence at a glance

PRICE FOLLOW-THROUGH

-14.5%

Latest completed week; four-week move 7.1%.

INDICATOR STACK

14/60

Trend and activity pressure are weighted against the latest 12-week confirmation window.

TREND BACKDROP

Active

The trend backdrop defines the current weekly regime.

PATIENT CAPITAL

Buy

Activity-pressure buy-signal status for institutional accumulation timing.

NEXT-WEEK EXPECTANCY

Negative 40.82%

Historical one-week expectancy contributes to the evidence score when direction is confirmed.

NEWS SENTIMENT

52/100

41 relevant articles in the latest sentiment read.

EVENT RISK

12d

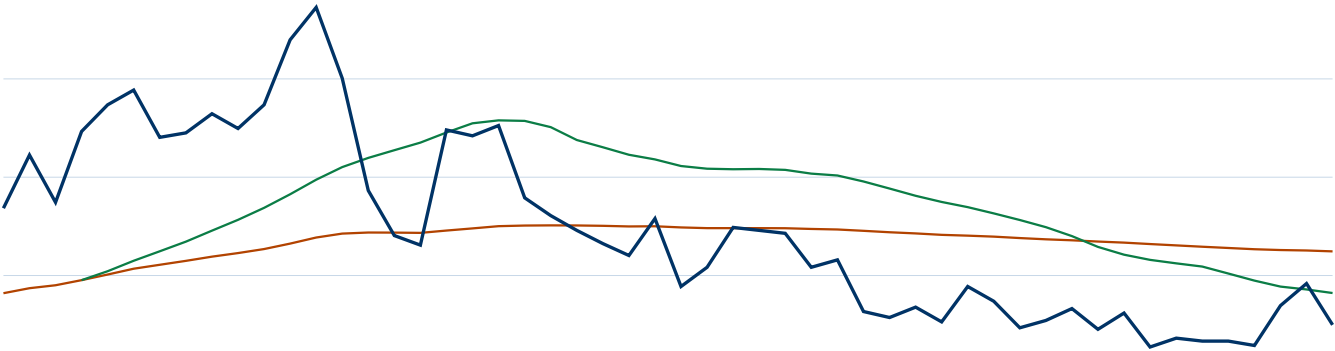
Next report is scheduled for 11 Aug 2026; event risk rises as the date approaches.

01 · PRICE ACTION

Where price is—and whether the trend supports it

The weekly trend is not active. Price is -11.5% below the Trend Line and sits at 9.9% of its 52-week range. The latest completed week returned -14.5%, after a 7.1% four-week move.

52-week price path



Blue: weekly close · Green: Trend Line · Orange: Sharemaestro Fair Value

Position in the 52-week range



RANGE LOCATION

9.9%

Shows where the latest close sits between the 52-week low and high.

TREND DISTANCE

-11.5%

Price premium or discount versus the weekly Trend Line.

FAIR-VALUE GAP

-23.2%

Premium demand or model discount versus Sharemaestro Fair Value.

HIGH-WATER GAP

-63.9%

Distance from the latest 52-week high.

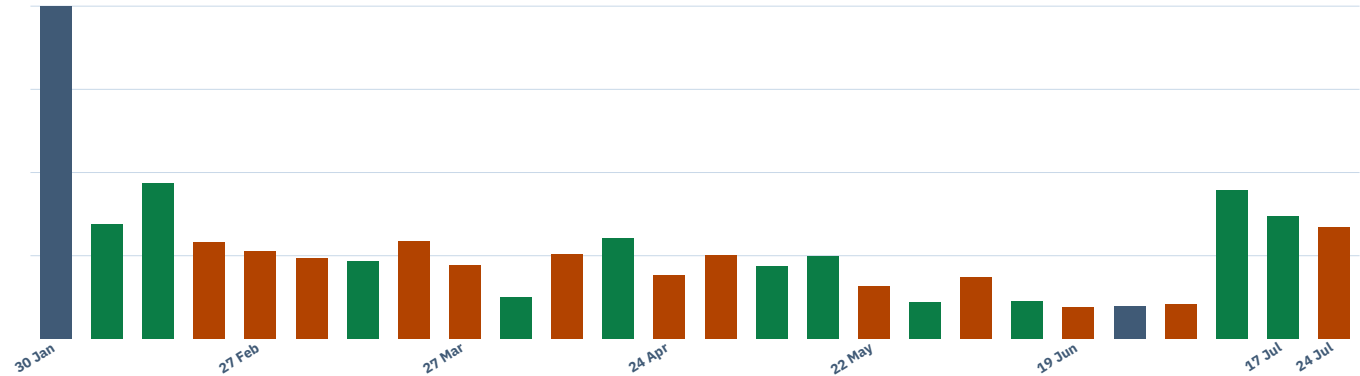
02 · VOLUME AND DEMAND

Is real participation confirming the move?

Latest weekly volume is 1.6x the 13-week average. Participation is unusually strong and confirms that the move is attracting attention.

26-week volume confirmation

Bar height shows weekly volume. Green marks an up week; orange marks a down week.



PARTICIPATION 1.6x Latest volume versus the 13-week average.	BASELINE 628.7K 13-week average volume.	ONE-YEAR BASE 1.4M 52-week average volume.	LATEST WEEKLY VOLUME 999.8K Most recent completed week.
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Demand beneath price

Activity pressure and institutional-style signals

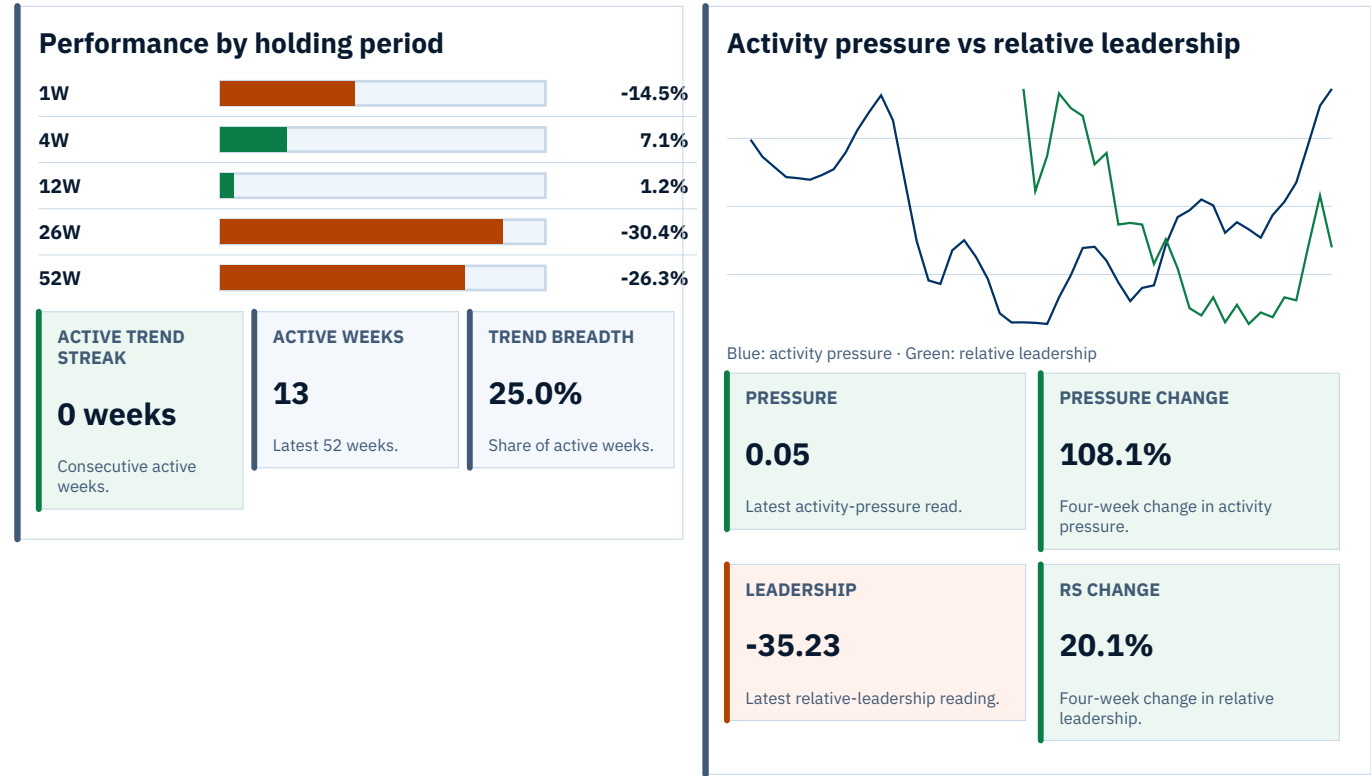
These indicators assess whether participation is improving beneath price. They are supporting evidence, not proof of institutional buying.



03 · MOMENTUM AND LEADERSHIP

Is performance persistent—and is the stock leading?

Performance is 7.1% over four weeks, 1.2% over 12 weeks, and -26.3% over one year. The current trend has remained active for 0 consecutive weeks.



Technical setup scorecard

Trend		14
Momentum		68
Activity Pressure		60
Relative Leadership		0
Next-Week Expectancy		30
Volume		67
Smart Money		19
Risk Control		0

04 · FUNDAMENTALS AND VALUATION

What investors are paying for—and the quality behind it

The latest factor snapshot indicates quality is middle-of-the-pack; growth is moderate; valuation is neither clearly cheap nor expensive.

FACTOR WEEK 26 Jul 2026 Latest published factor snapshot.	STATEMENTS THROUGH 31 Mar 2026 Financial reporting period used.	FIELD COVERAGE 82% Available factor fields.	MODEL CONFIDENCE 78% Snapshot confidence.
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Relative factor standing

Higher display scores are better. Each score is converted from the underlying universe rank, where rank 1 is best.

Overall factor strength		61/100
Value		55/100
Quality		53/100
Momentum		55/100
Growth		55/100

Valuation

How much investors are paying for earnings, sales, and cash flow.

P/E	-
Price divided by trailing earnings.	
PRICE / SALES	-
Market value relative to trailing revenue.	
EV / EBITDA	-
Enterprise value relative to operating cash earnings.	
FREE-CASH-FLOW YIELD	-32.7%
Free cash flow as a share of enterprise value.	

Business quality

Margins and the return generated on invested capital.

GROSS MARGIN	3.3%
Gross profit retained from each unit of revenue.	
OPERATING MARGIN	1264.3%
Operating profit retained from revenue.	
FREE-CASH-FLOW MARGIN	971.3%
Free cash flow generated from revenue.	
RETURN ON INVESTED CAPITAL	-22.8%
Operating return generated on invested capital.	

04 · FUNDAMENTALS AND VALUATION · CONTINUED

Growth, shareholder returns, and balance-sheet strength

The second half of the fundamental read separates recent business growth from cash returned to shareholders and financial leverage.

Growth and financial strength	Shareholder return and balance sheet
Recent business growth and accounting strength.	Cash returned to owners and financial leverage.
REVENUE GROWTH -	DIVIDEND YIELD 0.0%
Latest one-year revenue growth.	Cash dividends relative to market value.
EPS GROWTH -	BUYBACK YIELD -49.0%
Latest one-year earnings-per-share growth.	Net share repurchases relative to market value.
FREE-CASH-FLOW GROWTH -	SHAREHOLDER YIELD -49.0%
Latest one-year free-cash-flow growth.	Dividend yield plus net buyback yield.
PIOTROSKI F-SCORE 1/9	NET DEBT / EBITDA 0.7x
Nine-point accounting-strength checklist.	Balance-sheet debt relative to operating cash earnings.

How to read this

Quality and valuation are separate questions. A strong company can still carry a demanding valuation, so profitability, growth, balance-sheet strength, and the price paid for those characteristics should be assessed independently.

The latest factor snapshot indicates quality is middle-of-the-pack; growth is moderate; valuation is neither clearly cheap nor expensive.

05 · OWNERSHIP, OPTIONS, AND SENTIMENT

What other market participants are doing

Options, insider transactions, market sentiment, and activity-pressure signals can confirm or challenge the price story. None should be used alone.

Insider activity

-

No recent insider transactions are stored.
Acquisitions / disposals over the latest 180 days. Insider activity is context, not a stand-alone signal.

News sentiment

52/100

Weighted news tone is neutral across 41 relevant articles.

5 positive · 36 neutral · 0 negative

Patient Capital

Fresh

Activity-pressure buy-signal evidence highlights potential institutional accumulation windows.
Fresh buy signal

06 · CATALYSTS AND RISK

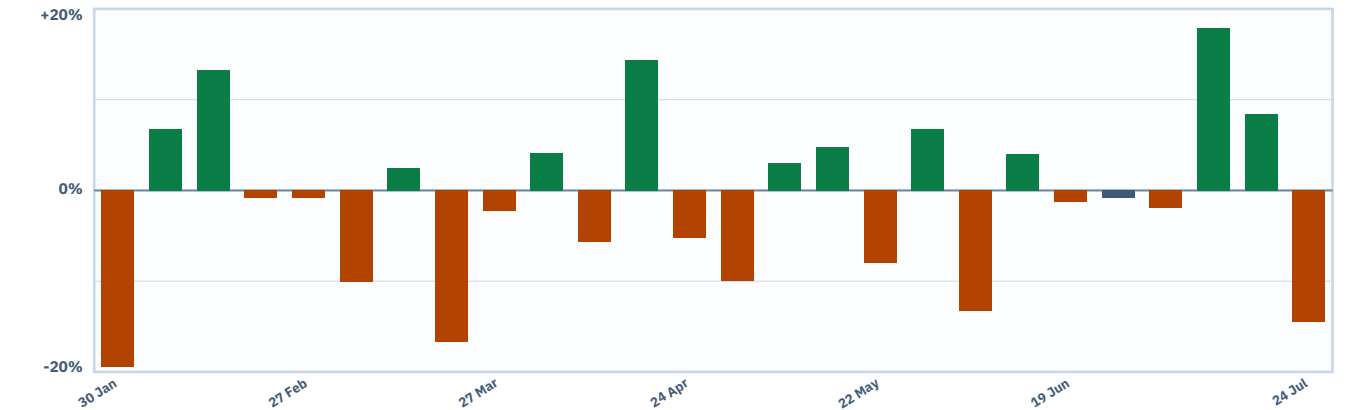
What can move the shares—and how volatile the path has been

Event timing, options-implied movement, drawdown, and weekly gains and losses frame the risk around the current setup.

NEXT EARNINGS 12d Next report is scheduled for 11 Aug 2026; event risk rises as the date approaches.	OPTIONS EXPECTED MOVE - Nearest-chain priced movement where available.	52-WEEK DRAWDOWN -63.9% Distance below the 52-week high.	13-WEEK VOLATILITY 8.9% Standard deviation of weekly returns.
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Weekly gains and losses

Each bar is one completed week. Gains rise above zero; losses fall below it. Taller bars mean a larger move.



WEEKS HIGHER 11 of 26 14 weeks finished lower.	BEST WEEK +17.9% Week of 10 Jul.	WORST WEEK -19.4% Week of 30 Jan.	LATEST WEEK -14.5% Week of 24 Jul.
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Shape of recent returns <table><tr><td>Strong gains</td><td> </td><td>9</td></tr><tr><td>Modest gains</td><td> </td><td>2</td></tr><tr><td>Flat weeks</td><td> </td><td>1</td></tr><tr><td>Modest losses</td><td> </td><td>5</td></tr><tr><td>Sharp losses</td><td> </td><td>9</td></tr></table>	Strong gains		9	Modest gains		2	Flat weeks		1	Modest losses		5	Sharp losses		9	RECENT VOL 8.9% 13-week weekly-return volatility.	BASE VOL 10.9% 52-week weekly-return volatility.
Strong gains		9															
Modest gains		2															
Flat weeks		1															
Modest losses		5															
Sharp losses		9															
	UP/DOWN SPLIT 24/27 Count of positive and negative weeks in the 52-week window.	AVERAGE SKEW 9.1% / -8.1% Average positive week versus average negative week.															

07 · SECTOR AND PEER CONTEXT

Is this stock leading—or simply moving with its group?

Sector and industry breadth distinguish company-specific strength from a broad group move.

Sector · US Basic Materials

4-WEEK RANK	GROUP AVERAGE	TREND BREADTH
- / 100	-3.2%	28.0%
Standing within the tracked group.	Average four-week return.	Share of peers with an active trend.

Peer	Exchange	1W return	4W return	Trend
SSL	NYSE	4.0%	22.3%	Active
CLF	NYSE	28.6%	19.9%	Inactive
CF	NYSE	3.0%	18.3%	Active
MEOH	NASDAQ	1.9%	16.1%	Inactive
GGB	NYSE	1.9%	15.9%	Active

Industry · US Other Industrial Metals & Mining

4-WEEK RANK	GROUP AVERAGE	TREND BREADTH
2 / 40	-12.4%	12.5%
Standing within the tracked group.	Average four-week return.	Share of peers with an active trend.

Peer	Exchange	1W return	4W return	Trend
SSMR	NYSE	10.9%	7.2%	Inactive
FMST	NASDAQ	-14.5%	7.1%	Inactive
TECK	NYSE	9.3%	3.4%	Active
BHP	NYSE	3.8%	3.3%	Active
NVA	NASDAQ	7.3%	1.3%	Inactive

08 · EVIDENCE AND WEEKLY DATA

The underlying research record

Every top-level statement should be traceable to a stored market, fundamental, event, or positioning observation.

Cross-signal evidence matrix

Evidence pillar	Score / read	Summary	Detail
Weekly tape	26/100	Trend, activity pressure, participation, and risk combine to a 26/100 tape read.	
Indicator analysis	12/100	Latest 12-week confirmation: trend 0/12, activity pressure 1/12, relative leadership 0/12.	Activity pressure 0.08; No reversal markers
Next-Week Expectancy	Negative 40.82%	Next-week expectancy is negative with a 40.82% historical one-week setup read.	Adds short-term historical context without overriding trend, activity, or relative leadership.
Factors	55/100	O'Shaughnessy factor stack blends value, quality, momentum, and confidence.	Buyback Yield rank 96
Patient Capital	Fresh	Activity-pressure buy-signal evidence highlights potential institutional accumulation windows.	Fresh buy signal
Sentiment	52/100	Weighted news tone is neutral across 41 relevant articles.	FMST Foremost Clean Energy Ltd Price:1.650 Chg%:-0.030
Insiders	50/100	No recent insider transaction evidence is stored.	Not currently available.
Earnings	12d	Next report is scheduled for 11 Aug 2026; event risk rises as the date approaches.	

Current evidence clusters

PRICE FOLLOW-THROUGH -14.5% Latest completed week; four-week move 7.1%.	INDICATOR STACK 14/60 Trend and activity pressure are weighted against the latest 12-week confirmation window.	TREND BACKDROP Active The trend backdrop defines the current weekly regime.	PATIENT CAPITAL Buy Activity-pressure buy-signal status for institutional accumulation timing.
NEXT-WEEK EXPECTANCY Negative 40.82% Historical one-week expectancy contributes to the evidence score when direction is confirmed.	NEWS SENTIMENT 52/100 41 relevant articles in the latest sentiment read.	EVENT RISK 12d Next report is scheduled for 11 Aug 2026; event risk rises as the date approaches.	

Recent completed weeks

The completed weekly bars behind the report provide a compact audit trail for price, trend, Fair Value, activity pressure, leadership, and volume.

Week	Close	Return	Trend Line	Fair Value	Pressure	Leadership	Volume	Trend
24 Jul 2026	1.65 USD	-14.5%	1.87 USD	2.15 USD	0.05	-35.23	999.8K	Off
17 Jul 2026	1.93 USD	8.4%	1.89 USD	2.15 USD	-0.05	-26.04	1.1M	Off
10 Jul 2026	1.78 USD	17.9%	1.91 USD	2.16 USD	-0.29	-35.14	1.3M	Off
03 Jul 2026	1.51 USD	-1.9%	1.95 USD	2.16 USD	-0.53	-44.61	310.4K	Off
26 Jun 2026	1.54 USD	0.0%	2.00 USD	2.17 USD	-0.65	-44.08	295.1K	Off
19 Jun 2026	1.54 USD	-1.3%	2.04 USD	2.18 USD	-0.73	-47.60	280.5K	Off
12 Jun 2026	1.56 USD	4.0%	2.07 USD	2.19 USD	-0.87	-46.76	341.3K	Off
05 Jun 2026	1.50 USD	-13.3%	2.09 USD	2.20 USD	-0.82	-48.79	556.4K	Off
29 May 2026	1.73 USD	6.8%	2.13 USD	2.21 USD	-0.77	-45.41	328.0K	Off
22 May 2026	1.62 USD	-8.0%	2.18 USD	2.21 USD	-0.84	-48.49	473.5K	Off
15 May 2026	1.76 USD	4.8%	2.25 USD	2.22 USD	-0.67	-44.08	745.7K	Off
08 May 2026	1.68 USD	3.1%	2.31 USD	2.23 USD	-0.63	-47.28	653.3K	Off
01 May 2026	1.63 USD	-9.9%	2.36 USD	2.24 USD	-0.70	-46.00	752.2K	Off
24 Apr 2026	1.81 USD	-5.2%	2.41 USD	2.25 USD	-0.74	-38.96	570.7K	Off

How to use this report

This is a completed-week research summary. It explains the available evidence and its conflicts; it does not predict a guaranteed outcome or replace your own risk assessment. Fundamental figures may refer to an earlier financial reporting period, which is shown in the fundamentals section.

Educational market research only. Not financial, investment, trading, tax, or legal advice. Market data, indicators, summaries, and reports may be delayed, incomplete, or inaccurate. You are responsible for your own decisions and should seek independent professional advice where appropriate.

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